

REHB 5793
Treatment of Addiction

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COURSE DESCRIPTION:

This course provides an analysis of the epidemiology and etiology of addiction to psychoactive drugs, and a presentation of the major philosophies and programs for contemporary treatment. The course deals with both functional and structural issues in treatment.

COURSE OBJECTIVES:

The student should gain an understanding of:

1. The epidemiology and etiology of addiction
2. A historical perspective of treatment responses.
3. What works in addiction treatment.
4. Current self-help approaches to recovery.
5. Current professional approaches to treatment.
6. Current organizational issues in treatment program design.
7. Differentiation of treatment responses based on age, gender, ethnic and cultural background, and illness severity.
8. Concepts of differential diagnoses and treatment matching.
9. Program designs for screening and assessment of substance abuse problems.
10. Current controlled use approaches to treatment.

COURSE METHODS:

Lectures, discussions, videos, and assigned readings.

COURSE REQUIREMENTS:

1. Completion of assigned readings.
2. Full participation in class discussions. Assigned readings should be completed prior to class as preparation for discussion.
3. A 1500 word Term Paper on the treatment topic of students choice. Due date will be provided.
4. Completion of all exams in a timely manner.

EVALUATION/GRADES:

1. 2 exams: Midterm & final. (100 points each)
2. Term paper - 100 points
3. Attendance and class participation

4. Makeup and penalties:
 - a. The term paper will be reduced by one letter grade if presented after the due date.
 - b. Exams must be made up within one week of normal exam time. Makeups can be negotiated only with a valid excuse. (medical problem, etc.)

TEXT BOOK:

Hester, R. & Miller, W. Handbook of Alcoholism Treatment Approaches, Allyn & Bacum, 1995.

SUGGESTED READINGS:

1. Galanter, M. & Kleher, H., Textbook of Substance Abuse Treatment, Am. Psych. Press, 1994.
2. Cameron, D. Liberating Solution to Alcohol Problem. Jason Arousen, 1995.
3. Pelle, S. & Bradsky, A. The Truth About Addiction and Recovery. 1991: Simon & Schuster
4. Bufe, C. Alcoholics Anonymous: Cult or Cure, Sec. Sharp Press, 1991.
5. Forrest, Gary. Guidelines for Responsible Drinking. Aroson, 1994.
6. Fox, Vince, Addiction, Change, and Choice. See Sharpe Press, 1993.
7. Behavioral Health Outcomes, Newsletter. Providence, R.I., Ed by Michael Goldstein.

COURSE OUTLINE AND ASSIGNED READINGS

- I. A Historical View of Social Respond to Addiction

A. Primitive	D. European
B. Biblical	E. Early American
C. Middle Ages	F. Contemporary

- II. (A) The Etiology of Addiction: A Holistic View.
 (B) The Epidimiology of Use, Abuse, Addiction.

- III. The Major Conceptual Approaches to Substance Abuse
 Read Text, Chapter I
 Handouts

- IV. The Needs & Range of Services for Substance Abuse and Dependence
 Handouts

- V. An Analysis of What Works in Substance Abuse Treatment
 Text, Chapter II.

- VI. Screening, Assessment, and Motivation
 Text, Chapters III & IV

Exam

VII. Biomedical Treatments

Text, Chapters VII, VIII, XVI

1. Antidipsotropics
2. Agonists & Antagonists
3. Aversion Techniques
4. Psychotropics
5. Methadone Program

VIII. Self-Help Groups

1. The 12 steppers (AA, NA, GA, OA, etc.)
2. Rational Recovery
3. Moderation Mgt.
4. Calix, WFS, MFS, others
Text, Chapters 9 & 11

X. A. Social Skills Training, Text, Chapter 13

B. Family Treatment, Text, Chapter 12

C. Abstinence or Controlled Drinking?

XI. Special Issues/Special Populations

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| A. Ethnic Issues | C. Adolescents |
| B. Gender Issues | D. Pregnant Addicts & Babies |
| | E. Native Americans |

XII. Treatment Settings & Organizational Issues

- A. The Special Substance Abuse Hospital
- B. Therapeutic Communities
- C. Outpatient Settings
 1. Intensive Outpatient designs.
 2. Traditional O.P.
- D. Mainstream Programs
 1. The general hospital
 2. The Physicians Clinic

XIII. (A) Treatment Matching

(B) Managed Care Impacts on Future, Text, Chapter 17

XIV. Professional Issues

- (A) Education & Training
- (B) Credentialing
- (C) Ethical Practice

XV. Future Trends