

Course Outline
HPC 6900 Internship in Agency Counseling
6 Semester Hours
Al Greene, ACSW

Introduction:

Counselors in community agencies need an in-depth background of knowledge, skills, and abilities if they are to function effectively in the workplace. These cognitive aspects need to become interwoven with the affective elements of the counselor's personality. The internship experience is designed to assist students in consolidating knowledge; applying skills and techniques; and organizing a personal philosophy of counseling. Topics and issues covered in the internship will be examined from a multicultural perspective which emphasizes the differing experiences, cultures, histories, and perspectives of a variety of ethnic, gender, racial, and social class backgrounds.

Course Description: Internship in Agency Counseling (6)

On-the job experience will be emphasized through placement of students in appropriate human service agencies. Includes practice in the counseling and other helping skills used in various agencies.
Prerequisites : HPC 5120, 5220, 5900 (Practicum in Counseling) and prior approval of department chairperson.

Course Objectives:

1. To increase knowledge and skills by participating in the activities of a staff member in an agency setting.
2. To be involved with direct service work with clientele appropriate to one's program emphasis.
3. To become familiar with a variety of professional activities other than direct service work.
4. To gain supervised experience in the use of a variety of professional resources such as appraisal instruments, computers, print and non-print media, professional literature, and research.
5. To learn to use feedback from on-site and program faculty supervisors to enhance counseling and job related skills.
6. To gain understanding and knowledge about a variety of community agencies.
7. To refine one's ability to analyze, evaluate, and cope with professional issues.
8. To engage in periodic self-evaluation and assess the need for additional training and personal growth.
9. To learn and to follow agency policies and practices in the areas of confidentiality, accountability and standards of professional practice.

GENERAL EXPECTATIONS FOR AGENCY COUNSELING INTERNS Department of Human Development & Psychological Counseling

Skills

1. Knowledge of the Agency

Behaviors

1. A. Refer through proper channels - use of forms, etc.
- B. Confer with staff members on both formal and informal levels.
- C. Use supervision appropriately.

Objective

1. A. Work within the Agency structure.
- B. Offer constructive suggestions for changes.
- C. Be able to discuss your own progress and problems.

2. Knowledge of Community Resources

2. A. Write appropriate referral letters.
- B. Make other Agency contacts and calls in a professional manner.
- C. Follow up on referrals when needed and possible.

2. A. Develop professional relationship with other agencies.
- B. Develop self-confidence in seeing things done.
- C. Build agency public relations.

3. Development of Self Awareness

3. A. Recognize, verbalize and accept your own values and prejudices.
- B. Increase awareness of your reaction to various types of clients and to other professional people.

3. A. Develop self acceptance and confidence in yourself.
- B. Be honest and "a real person."
- C. Be able to evaluate yourself in relationships with clients.

4. Ability to See Uniqueness of Client

4. A. Conduct an intake and develop skill in problem identification.
- B. Improve ability to move into therapy situations.
- C. Accept the client where he/she is.

4. A. Offer clients help, and develop treatment plan.
- B. Apply academic learning to cases.
- C. Gain new knowledge, sensitivity and techniques and apply them.

5. General Therapy Skills to be practiced-Empathy relating to feelings-Use of specific techniques, make diagnosis, plan of treatment, prognosis-Move toward specific goals in session.

5. A. Use appropriate techniques to implement behavior change.
- B. Gain a style of your own through observation, practice and reading.
- C. Understand client's background to help him/her to change.

5. A. Establish rapport and a positive therapeutic relationship.
- B. Observe other staff members and learn from them.
- C. Initiate process of becoming a competent therapist.

6. Use of yourself and your time.

6. A. Understand and appreciate the roles of all of the agency's staff members.

6. A. Create a warm agency atmosphere and a spirit of caring for needs of the client.

Record of Internship
and Supervisory Data

Name of Student: _____

Dates of Internship: _____

Total Number of Hours: _____

Type(s) of Clients Served: _____

Name of Agency: _____

Agency Address: _____

Agency Telephone: _____

Agency Supervisor Information

Name of Supervisor: _____

Years of Agency Related Experience: _____

Highest Degree: _____

Professional Licensure/Certification: _____

Name of A.S.U. Faculty Supervisor: _____