

SAB 135

Addictive Process

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Prerequisite: PSY 150

Corequisite: None

This course explores the physical, emotional, psychological, and cultural aspects of the addictive process. Emphasis is placed on addictions to food, sex, alcohol, drugs, work, gambling, and relationships. Upon completion, students should be able to identify the effects, prevention strategies, and treatment methods associated with addictive disorders. *This course is a unique concentration requirement of the Substance Abuse concentration of the Human Services Technology program.*

Competencies: This course is designed to meet the performance domains for education and assessment as identified by substance abuse certification and regulatory agencies.

The student will demonstrate an ability to:

1. Observe and document psychological, social, and physiological symptoms of abuse/dependence in a client to determine appropriateness for admission or referral.
2. Provide current and accurate information concerning abuse/dependence to clients, family members, community groups, businesses, and professionals.
3. Acknowledge and respect cultural diversities as they relate to the emotional, spiritual, and physical health of clients and families.
4. Assist clients and families, through confrontation and teaching, to recognize their defense mechanisms that work to decrease recovery efforts.

Text: *Introduction to Addictive Behaviors* (2nd ed.) by Dennis L. Thombs

Course Requirements:

1. Regular class attendance and participation.
2. Four or five essay exams given throughout quarter.
3. Individual projects as assigned by instructor.
4. Oral presentations determined by class interests and subject matter.

Grading and Attendance Policy:

A 90 - 100 **B** 80 - 89 **C** 70 - 79 **D** 60 - 69 **F** Below 60

I Incomplete for a student who has not completed all of the exams or projects. Work must be completed prior to the end of the subsequent quarter in which the student is enrolled.

Students who miss more than three classes or who fail to take the examinations on the assigned dates will be subject to a lower grade